



2010 TEAM 4 Athlete Application

Name: _____ Date: _____

Address: _____ City: _____ State: _____ Zip: _____

Email: _____

Birthday: _____ Mobile Phone: _____

How many triathlons have you done? _____ Number of years: _____

What TEAM 4 level are you Commit “ing” to? Please choose one:

Training Level

Option I \$600

Option II \$350

Fundraising Level*

Option I \$150 plus \$1400.00 fundraising

Option II \$150 plus \$800.00 fundraising

fundraising deadlines: half of the amount by **June 1st and the remaining by **August 1st**. There will be a specific clinic on fundraising and a guide to help you raise your amount.*

Clothing Options – check style and size.

10 week training programs choose one – tri-tank OR jersey, all others choose both.

Fizz Tank OR XS S M L XL XXL

Tri-Tank

Jersey XS S M L XL XXL

What is your triathlon experience level? Beginner Intermediate Advanced

Distance preferred: Sprint International Half Full

Key races planned for 2010 _____

Please share with us why being a member of TEAM 4 is important to you.



Please make checks payable to **TEAM 4 and mail to:**

be Fitness and Wellness Centers ATT: TEAM 4, 405 Genesee St., Delafield, WI 53018

Thank you for your application and we look forward to another year in our race to fight cancer!



Join in the Race to Fight Cancer

TEAM 4 is looking for women of ALL ABILITIES for the 2010 racing season...

TEAM 4 was formed in 2006 in an effort to raise awareness for the 4 cancers that predominately affect women: breast, cervical, ovarian and uterine. To date, over 80 remarkable women have been part in this great cause, raising nearly \$150,000 for the Medical College of Wisconsin to fund research to help find a cure for cancer.

Mission Statement:

TEAM 4 is committed in the race to fight cancer. We will inspire women to live healthy lifestyles in all we do. We believe that education; early detection and support will lead to more lives free of cancer.

So if you have a passion for the cause, and are involved in racing at ANY level or are interested in racing in a multisport or single sport venue, TEAM 4 wants you part of the team.

1. TEAM 4 Train “ing” Levels

Option I

20 week program (May 3rd – Sept. 19th)

- Joining Fee \$600.00
- TEAM 4 Jersey and Tri-top
- *Payment plans available upon request*

Option II

10 week program (May 3rd – July 12th)

- Joining Fee \$350.00
- TEAM 4 Jersey OR Jersey

Both Options include:

- Daily training plan, Wednesday & Saturday coached training sessions, clinics & seminars
- Slouch Goodie Bag to include: TEAM 4 water bottle, swim cap and pair of YANKZ
- Options to purchase additional TEAM 4 training and racing gear at wholesale
- Exclusive TEAM 4 discounts



2. TEAM 4 Fundrais “ing” Level

Option I

- Joining Fee \$150.00 plus a fundraising commitment of \$1400.00*
- Daily training plan, Wednesday & Saturday coaching training sessions, clinics & seminars

Option II

- Joining Fee is \$150.00 plus a fundraising commitment of \$800.00*
- Receive the same as Option I **with the exception** of a daily training plan.
- This option is ideal for those currently receiving one on one coaching and/or want to join “try out” the workouts

Both Options include:

- TEAM 4 Jersey and Tri-top
- Slouch Goodie Bag to include: TEAM 4 water bottle, swim cap and pair of YANKZ
- Options to purchase additional TEAM 4 training and racing gear at wholesale
- Exclusive TEAM 4 discounts

**a fundraising guide will provided*

3. TEAM 4 Support “ing” Level

Train and race in TEAM 4 apparel, uniforms can be purchased at retail cost.



4. TEAM 4 Donat “ing” Level

Help us in the race to fight cancer with your tax deductible donation. Donations can be done directly on our website at www.goteam4.com.

“ing” is a process, the process of training, racing, surviving and living. It is what as humans we are doing; it is the action of NOW
-In memory of Ann Kelly and all that have lost their lives to cancer AND to those that are still fighting, living and surviving....